



**JUST FOR KIDS!**  
**CPR & SAFETY AWARENESS PROGRAM**

Dear Parents/Guardians

**CPRHealth Training**, is proud to be able to provide your children with the opportunity to participate in a CPR HELP Safety Awareness Program. Our aim is to educate young children from Years 3 – Years 6 with basic techniques for First Aid and CPR. The children will gain knowledge of the **DRSABCD** Management Procedures (**D**anger, **R**esponse, **S**end for Help, **A**irway, **B**reathing, **C**PR, **D**efibrillator).

The program is fun and interactive incorporating role plays and hands on activities around the process of looking for danger, making the emergency phone call zero, zero, zero “000”, the recovery position, checking for breathing and clearing an airway. ***Students will also experience hands on techniques using manikins that will involve compressions and breathing.***

By teaching your children these principles we are giving them the knowledge to stay safe and help in an emergency situation involving family or friends.

Research has shown that “...children who learn the DRSABCD concepts at a young age are better equipped to deal with an emergency situation and have a greater grasp on these vital skills as a teenager and adults...” *Australian Resuscitation Council*

**Give your children a skill for life!**

<u>CPR HELP will be at your school in:</u>	<u>Duration</u>	<u>Cost</u>	<u>What to Wear</u>
Tuesday 24 <sup>th</sup> & Wednesday 25 <sup>th</sup> February	1 ½ hours	\$12.00	Sports Uniform

(All children will take home their practice face mask, a special CPR HELP participation award and fun sheet).

*On the day children will also have the opportunity to purchase a mini backpack, containing a genuine face mask and rubber glove set.  
Special Student Price - \$5.00 (cash only)*



Please return the permission note by \_\_\_\_\_

Students Name \_\_\_\_\_ Class: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

If your child has any medical condition that could affect the involvement of their participation eg: Allergies, Asthma, Heart Condition, Epilepsy, Diabetes, please advise.

Condition: \_\_\_\_\_ Precaution: \_\_\_\_\_

“I acknowledge and agree the CPR HELP programme involves presentation, information and practical demonstrations and participation in First Aid and CPR techniques and procedures and that damage or injury may occur and CPRHealth Training cannot be responsible for any damage or injury.

Mrs. Southgate

Stage 3 Supervisor

[www.cprhealth.com.au](http://www.cprhealth.com.au)

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